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6660 Avenue U
Brooklyn, NY 11234

Phone: (718) 946-9833

www.NeshamaPreschool.com

Menu is subject to change.

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Meat sauce, whole wheat pasta, roasted cauliflower, fresh veggies	Baked chicken, quinoa and shredded carrots, fresh red peppers and cucumbers	Homemade meat patties, mashed potatoes, string beans, fresh veggies	Vegetable soup, brown rice and lentils, boiled eggs, sautéed broccoli	Fresh Pita, sliced mozzarella cheese, fresh veggies, corn
Afterno-on Snack	Applesauce, whole wheat crackers, fresh fruit	Pretzel sticks, hummus, sliced banana	Whole grain rice cakes, sliced oranges and bananas	Whole grain crackers, sliced cheese, fresh fruit	

Filtered water is provided to children all day.

Additional snack is provided during Aftercare